

**2019 WINTER WEEKEND YOGA RETREAT – 5-8 DECEMBER
VILLA-LIVING IN MARRAKECH, MOROCCO
w/cat alip-douglas & phil douglas**

PLEASE READ CAREFULLY. IF AGREEABLE, SIGN & RETURN WITH 1ST DEPOSIT or FULL PAYMENT.

The dates: Thursday, 5th – Sunday, 8th December 2019

The cost: price is per person in GBP or current exchange rate equivalent to amount in sterling (based on double occupancy/shared room with either a double bed or twin beds - of which there are less; there is also one room option of a spacious triple/3x twin beds).

- **1st deposit (asap):** £250 per person to reserve place upon booking
- **2nd deposit (by 5 AUGUST 2019 – 4 months prior):** additional £250 to continue hold (deposit totaling: £500) or **EARLY BIRD RATE/complete payment totaling £700 (save £150)**
- **FINAL/FULL PAYMENT-POST EARLY BIRD DUE (£350) - 5 October 2019 (2 months prior): £850**

LIMITED SINGLE ROOMS AVAILABLE: £200 SURPLUS FEE (ADD £100 to initial deposit)

The payment methods: cash, cheque, bank transfers and PayPal (sender responsible for fees associated with payment. PayPal [paypal.me/catalipdouglas](https://www.paypal.me/catalipdouglas))

THE BANK TRANSFER INFORMATION:

Catherine Alip-Douglas

TSB – Bayswater Branch, 30-32 Westbourne Grove

sort code: 309059, account number:14231860, Swift/BIC code:

IBAN:GB49TSBS30905914231860 BIC: TSBSGB2AXXX

PLEASE NOTE: ALL TRANSFER FEES TO BE ABSORBED BY SENDER.

The Details:

- * 4 days and 3 nights shared accommodation (2 persons per room) at one of three private villas, each of equal magnificence
 - * FULL BOARD - all locally sourced and lovingly made vegan meals included with retreat: daily breakfast, lunch and dinner
 - * FIRST CLASS: THURSDAY EARLY EVENING (before dinner)!
 - 4x 2-2.5 hour yoga workshop daily & informal gatherings with cat & phil.
 - * daily housekeeping
- FLIGHTS, TRAVEL INSURANCE, ADDITIONAL EXCURSIONS ARE **NOT INCLUDED**.

The Schedule: the check in is after 3pm on Thursday, 5th and check out on Sunday 8th May by 1pm. The first class will be on Thursday early evening due to flight arrivals varying on Thursday and the last class will be early on Sunday before check out. A detailed itinerary will be emailed to participants approximately a month prior to the retreat. There will be plenty of free time in the

afternoons to explore, go into the city/souks and shop or relax by the pool. Private taxis can be secured and massages in your room can also be booked onsite.

The Reservation: How to book in? Complete this form and return it with 1st £250 deposit and/or full payment. Reservations will be based on a first come first served policy.

The Booking Form: (please print) Name:

Address:

Mobile Phone: E-Mail:

Amount/method of payment enclosed:

Rooming requests: (Please specify name of person, if applicable):

Emergency Contact:.....Phone:.....

The Fine Print (PLEASE READ CAREFULLY): An initial £250 deposit is required to book in. A second deposit of £250 is due on 5 AUGUST if not paying EARLY BIRD RATE (EBR: £700 - save £150). Full payment beyond the EBR (£850) is required to confirm reservation **no later than 2 MONTHS BEFORE THE RETREAT - 5 OCTOBER 2019. THE DEPOSIT IS NOT REFUNDABLE AFTER THAT DATE AND CANCELATIONS AFTER THIS DATE ARE SUBJECT TO FORFEITURE OF FULL PAYMENT. THERE WILL BE A 20%ADMIN FEE DEDUCTED FOR ALL REFUNDS REQUESTED, this fee will be donated to a local charity in marrakech.** If I cancel or significantly alter an important element of the retreat, I will offer a full or partial refund of the tuition. However, please note flight expenses will not be covered. Please bring a mat and props that you will need for practice.

"I have read the above and understand the information pertaining to this retreat. I am aware that I must be covered by my own travel insurance appropriate to the activity in order to participate in this yoga retreat and do not hold Catherine Alip-Douglas and Phil Douglas responsible. Any cancellations or changes on my behalf must be made *in writing* to the attention of Catherine Alip-Douglas within a reasonable period of time & may not result in a refund of deposit/payment."

Signature**Date**.....

PLEASE NOTE THAT THERE ARE CATS WHO LIVE IN ONE OF THE VILLAS. PLEASE BRING ANTIHISTAMINE AND NOTE IF YOU PREFER TO BE IN A CAT (FELINE☺)-FREE VILLA. WE WILL DO OUR BEST TO ACCOMMODATE YOUR REQUEST BUT CATS ARE A SPECIAL MORROCAN FEATURE!