

**2020: SPECIAL 10<sup>th</sup> ANNIVERSARY EDITION...A FEW SURPRISES IN THE WORKS!**  
Jivamukti KARMA YOGA Retreat - Angkor Wat, Cambodia  
with Yogeswari – Advanced Certified Jivamukti Teacher, NYC/Worldwide  
cat - Advanced Certified Jivamukti Teacher, London

**PLEASE READ CAREFULLY...SIGN, IF AGREEABLE TO TERMS AND CONDITIONS. TO RESERVE YOUR SPACE, THIS MUST BE RETURNED WITH DEPOSIT/PAYMENT. THANK YOU!**

**The dates:** Sunday, 8<sup>th</sup> March – Sunday, 15<sup>th</sup> March 2020

**The cost:** £1350 (note denomination is GBP) per person or current exchange equivalent to amount in sterling (based on double occupancy/shared room - twin beds or double bed. please specify below.) the single room supplement (based on availability) is £550.

**THE EARLY BIRD DISCOUNT: £1150 if PAID IN FULL by 8<sup>th</sup> SEPTEMBER 2019.**

The deposit: £500 – and please add £275 deposit if requesting a SINGLE ROOM (50% of single supplement) – limited availability of single rooms. Deposits are refundable up to 8<sup>th</sup> December 2019; however, a 20% admin fee will be deducted and made as a donation to AZAHAR Foundation.

**The date for full payment, if not taking advantage of early bird pricing is due: 8<sup>th</sup> December 2019/ABSOLUTELY NO REFUNDS AFTER THIS DATE.**

**The payment methods:** Bank transfers/PayPal/cash. **All fees to be absorbed by sender.**

**THE BANK TRANSFER INFORMATION (multiple options!):**

**SWITZERLAND PREFERRED FOR EUROPEAN TRANSFERS**

Estelle Eichenberger  
Im Obermoos 5, 3067 Boll, Switzerland

**BANK ADDRESS:**

Valiant Bank  
Postfach 5333, 3001 Bern  
**IBAN:** CH60 0630 0016 8187 2350 6  
**SWIFT:** VABECH22XXX  
**BC Number:** 6300

**USA PREFERRED FOR USA/ASIA TRANSFERS**

Estelle Eichenberger  
76 Charles St Apt 5F NY, NY 10014, USA

**BANK ADDRESS:**

JP MORGAN CHASE BANK, N.A.  
NEW YORK 10017  
**ACCOUNT NO:** 005-115-2981  
**SWIFT:** 021000021

PLEASE TOUCH BASE WITH HER ASSISTANT LINH RAMIREZ PRIOR TO MAKING ANY TRANSFER & also if you would like her bank account in **Germany/\*US PayPal** info. [linh.ramirez@yogeswari.org](mailto:linh.ramirez@yogeswari.org)

### **UK ONLY**

Bank transfer to: Catherine Alip-Douglas  
TSB – Bayswater Branch, 30-32 Westbourne Grove  
sort code: 309059, account number:14231860,  
Swift/BIC code: **IBAN:GB49TSBS30905914231860 BIC: TSBSGB2AXXX** SENDER RESPONSIBLE FOR TRANSFER FEES ON BOTH ENDS  
paypal (**with additional 4-5% paypal fee charged at your cost**)  
[paypal.me/catalipdouglas](https://paypal.me/catalipdouglas) or [cat@sangyeyoga.com](mailto:cat@sangyeyoga.com)

### **The Details (what's included in tuition):**

- \* 7 nights shared accommodation (2 persons per room) at ANGKOR VILLAGE & RESORT
- \* meals: daily breakfast of western/asian buffet and one additional meal (lunch or dinner). welcome & farewell group dinners upon arrival & on the last evening
- \* spa massage to ease your jet lag or after a long day at the temples
- \* 2.5-3 hour yoga class daily – with assistants for extra attention
- \* 3-4 guided temple excursions (inclusive of experienced local guide & air conditioned bus transport)
- \* increased contribution to AZAHAR. **20% of earnings serves to support the AZAHAR Cambodia programme ie. bring a select group of young Yoginis and Yogis from AZAHAR Foundation's Yoga project in Phnom Penh to come and practice with us at the retreat. For additional information on AZAHAR Foundation and the PEACE CAMP in Cambodia, please visit: [www.azaharfoundation.org](http://www.azaharfoundation.org)**

NOTE: FLIGHTS, TRANSFERS, IMMUNIZATIONS, ANGKOR WAT PASS, TEMPLE FEES AND TRAVEL INSURANCE ARE **NOT INCLUDED**.

**The Accommodation:** please visit their website for more information and photos!  
<http://angkorvillageresort.asia/resort.php>

**The Schedule:** the check in is on Sunday, 8th March and check out on Sunday 15<sup>th</sup> March 2020. **For travel planning purposes:** the first morning class will be on Monday the 5<sup>th</sup> and the last class early on the morning of Sunday the 11<sup>th</sup> before check out, generally 8-10am. There will be a welcome satsang and introduction on the evening of Sunday the 4<sup>th</sup> at approximately 6pm followed by a group dinner together at approximately 7pm on the first evening. We will also have a special group dinner around 9pm on the last evening (Saturday). A detailed itinerary will be emailed to all participants one month prior to the retreat. **SPECIAL SURPRISES IN THE WORKS!**

**The Reservation:** How to book in? Complete this form and return it with required deposit/full payment. Reservations will be based on a first come first served policy. Who to contact for more information? [info@yogeswari.org](mailto:info@yogeswari.org) and/or assistant to Yogeswari: [linh.ramirez@yogeswari.org](mailto:linh.ramirez@yogeswari.org) and cat: [cat@catalipdouglas.com](mailto:cat@catalipdouglas.com)

**The Booking Form: (please complete IN CAPS)**

Name:.....

Address: .....

Home Phone: .....Mobile Phone: .....

E-Mail: .....

Amount/method of payment enclosed: .....

Rooming requests: (Please specify name of person, if applicable. double/twin?):

.....

Emergency Contact: .....Phone:.....

**(DETAILS CAN BE EMAILED LATER BUT PLS NO LATER THAN 1 MONTH BEFORE ARRIVAL)**

Arrival date/time/flight # .....

Departure date/time/flight #.....

**The Fine Print (PLEASE READ CAREFULLY):** A £500 deposit is required to reserve your space (+£275 if approved for a single room occupancy). Full payment is required to confirm the reservation **no later than 8<sup>th</sup> of DECEMBER 2019, if not paid by early bird.** **THE DEPOSIT IS NOT REFUNDABLE AFTER 8<sup>th</sup> DECEMBER AND ANY CANCELATIONS AFTER THIS DATE ARE SUBJECT TO FORFEITURE OF FULL PAYMENT.** If we cancel or significantly alter an important element of the retreat, we will offer a full or partial refund of the tuition. However, please note flight expenses will not be covered. Students are solely responsible for visa requirements and all necessary immunizations to visit Cambodia. Please bring a mat and props that you may require for practice.

“I have read the above and understand the information pertaining to this retreat. I am aware that I must be covered by my own travel insurance appropriate to the activity in order to participate in this yoga retreat and do not hold Estelle Eichenberger or Catherine Alip-Douglas responsible. Any cancellations or changes on my behalf must be made *in writing* to the attention of Estelle Eichenberger and/or Catherine Alip-Douglas within a reasonable period of time.”

**Signature .....** **Date.....**