

## **5<sup>th</sup> SANTORINI, GREECE yoga retreat w/ cat alip-douglas & phil douglas** **STRONGLY ADVISED: BOOK VERY EARLY...SPACE LIMITED!**

**PLEASE READ CAREFULLY. IF AGREEABLE, SIGN & RETURN WITH DEPOSIT/PAYMENT.**

**The dates:** Wednesday, 20 September – Sunday, 24<sup>th</sup> September 2017

**The cost:** SEE OPTIONS BELOW; price is per person in GBP or current exchange rate equivalent to amount in sterling (based on double occupancy/shared room either twin beds or a double bed).

**The deposit:** £500 per person to reserve place

**The full payment due date:** **20 APRIL FOR EARLY BIRD (SAVE £100) & 20 JUNE 2017 FOR ALL OTHERS/NO REFUNDS AFTER THIS DATE**

**The payment methods:** cash, cheque, bank transfers only please.  
cheques made out to: Catherine Alip-Douglas

### **THE BANK TRANSFER INFORMATION:**

Catherine Alip-Douglas

TSB – Bayswater Branch, 30-32 Westbourne Grove

sort code: 309059, account number:14231860, Swift/BIC code: LOYDGB21341,

IBAN: GB50 LOYD 3090 5914 2318 60

PLEASE NOTE: ALL TRANSFER FEES TO BE ABSORBED BY SENDER.

### **The Details:**

\* 5 days and 4 nights shared accommodation (2 persons per room) at Rocabella Deluxe Suites & Spa Santorini (<http://www.rocabella-hotel-santorini.com>)

\* meals included with retreat: daily breakfast buffet & welcome dinner upon arrival

\* 2-2.5 hour workshop daily & informal gatherings

FLIGHTS, TRANSFERS, TRAVEL INSURANCE, OTHER MEALS & EXCURSIONS ARE **NOT INCLUDED.**

### **The Accommodation Options/Pricing- SAVE £100 FOR EARLY BOOKING!**

**A. SUPERIOR CALDERA VIEW ROOM – NOT MANY ROOMS AVAILABLE FOR 2017**  
**£800 per person/super early bird (EARLY BIRD/FULLY PAID by 20 april – 5 months prior)**  
**£900 per person after 20 april and space permitting. BALANCE DUE 20 JUNE.**  
**£500 deposit required**

**B. DELUXE CALDERA VIEW ROOM – GET THIS ROOM FOR ONLY £175 MORE!**  
**£975 per person/super early bird (FULLY PAID by 20 april – 5 months prior)**  
**£1075 per person/after 20 april and space permitting. BALANCE DUE 20 JUNE.**  
**£500 deposit required**

(PLEASE NOTE: DELUXE shared accommodation: must book as a pair or only if another single booking requires a share. Bring a friend or ask someone who has attended in previous years.)

For description/photos of rooms, please visit hotel website. If you wish to arrive early or stay beyond the retreat, please contact the hotel general manager or hotel reception directly for those specific dates. Check in time: 14:00. Check out time: 12:00. There are many authentic local tavernas and nearby small towns to explore by foot or by taxis, car hire and/or public buses. There are also excursions that can be scheduled through the hotel. Please contact Rocabella's reception for details.

**The Schedule:** the check in is on Wednesday, 20<sup>th</sup> September and check out on Sunday 24<sup>th</sup> September. The first class will be on Wednesday afternoon approximately 5pm, followed by a welcome group dinner at 8pm. The first workshop will be on the afternoon of Thursday the 21<sup>st</sup> (less windy for outdoor practice) and the last class is on the morning of Sunday the 24<sup>th</sup> from 8am-10am. The group usually has breakfast together before check out. Detailed schedule emailed to students month prior. There will be free time in the morning's to explore the island, go on excursions and get some sun time at the beach.

**The Reservation:** How to book in? Complete this form and return it with £500 deposit and/or full payment. Reservations will be based on a first come first served policy. THIS RETREAT WAS VERY WELL ATTENDED EARLY ON IN 2015 & FULL TO CAPACITY IN 2014/2015/2016 AND WILL MOST LIKELY HAVE REPEAT RETREATERS FROM PREVIOUS YEARS...BOOK EARLY!  
Any questions? cat@catalipdouglas.com

**The Booking Form: (please print)**

Name: .....

Address: .....

Home Phone: .....Work/Mobile Phone: .....

E-Mail: ..... Amount/method of payment enclosed: .....

Rooming requests: (Please specify name of person, if applicable): .....

Meal/dietary request:(Please specify vegetarian/vegan/etc).....

Emergency Contact:..... Phone:.....

**The Fine Print (PLEASE READ CAREFULLY):** A £500 deposit is required to book in. Full payment beyond the early bird rate is required to confirm reservation **no later than 3 MONTHS BEFORE THE RETREAT - 20 June 2016. THE DEPOSIT IS NOT REFUNDABLE AFTER 20 JUNE AND CANCELATIONS AFTER THIS DATE ARE SUBJECT TO FORFEITURE OF FULL PAYMENT. THERE WILL BE A 10%ADMIN FEE DEDUCTED FOR ALL REFUNDS REQUESTED.** If I cancel or significantly alter an important element of the retreat, I will offer a full or partial refund of the tuition. However, please note flight expenses will not be covered. Please bring a mat and props that you will need for practice.

"I have read the above and understand the information pertaining to this retreat. I am aware that I must be covered by my own travel insurance appropriate to the activity in order to participate in this yoga retreat and do not hold Catherine Alip-Douglas responsible. Any cancellations or changes on my behalf must be made *in writing* to the attention of Catherine Alip-Douglas within a reasonable period of time and may not result in a refund of deposit/payment."

**Signature .....** **Date.....**